



# *Sample Daily Menu*

## ***Breakfast***

Oatmeal,  
Eggs (*prepared to your specifications*),  
Toast or Muffin,  
Fresh Fruit,  
Coffee, Tea, Juice

---

## ***Lunch***

SOUP OF THE DAY:  
Roasted Squash

SALAD:  
Mixed Greens with Raspberry Dressing

MAIN SELECTION:  
Sliced Turkey Sandwich with a Cranberry Mayo  
or Quiche Lorraine

ASSORTED DESSERTS:  
Freshly Baked Ginger Cookies,  
Fresh Fruit with Vanilla Yogurt,  
Black Forest Cake

---

## ***Dinner***

SOUP OF THE DAY:  
Vegetable Broth

SALAD:  
Spinach Salad with Balsamic Dressing

MAIN SELECTION:  
Fish Cakes with Chow Chow or  
Lemon Thyme Chicken served with  
Garlic Mashed Potatoes and Fresh Steamed Vegetables

ASSORTED DESSERTS:  
Apple Crisp served with or without Vanilla Ice Cream





# *Sample Special Menu*

*(Mother's Day Dinner)*

## ***Starter***

Seafood Chowder  
or  
Cranberry Pecan Salad

---

## ***Entrée***

Rotisserie Chicken  
or  
Maple Glazed Salmon  
Served with Twice Baked Potato  
and Steamed Asparagus

---

## ***Dessert***

Homemade Bread Pudding with Chocolate Drizzle  
or  
Fresh Berries topped with Crème Anglaise

