


The Berkeley Bedford November 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Front Lounge (FL) 3rd Floor (3F) Recreation Room (RR) 4th Floor (4F) Dining Room (DR) 4th Floor Lounge (4FL)			9:30 Sobey's Trip 1 11:00 Skipbo Playing 2:00 Name That Tune 3:00 Afternoon Tea (FL) 7:00 Bridge (3F)	10:00 Exercises (RR) 2 11:00 Skipbo (RR) 1:30 Travel Video 3:00 Afternoon Tea (FL) 7:00 Friday Night Movie (RR)	10:30 Exercises 3 11:00 Manicures (RR) 2:00 Bingo (RR) 3:00 Afternoon Tea (FL) 7:00 Netflix Movie Night
10:15 Communion (4F) 4 2:30 Church Service (RR) 3:00 Afternoon Tea (FL) 6:30 Game Night (3F) 7:00 Documentary Night (RR)	10:00 Exercises 5 11:00 Morning Group Crosswords 1:30 Shopping Trip in Bedford 3:00 Afternoon Tea (FL) 7:00 Evening Bridge (3F)	10:00 Exercises (RR) 6 10:45 Walrus Group (RR) 1:30 Afternoon Drive with Rebecca 3:00 Afternoon Tea (FL) 7:00 Land Girls- TV Show (RR)	10:00 Exercises 7 11:00 Sing along with Derrick 11:15 Wii Bowling (RR) 2:00 Scattegories 3:00 Afternoon Tea (FL) 4:00 Afternoon Cribbage 7:00 Bingo (RR)	9:30 Sobey's Trip 8 11:00 Library Project 2:00 Bowling with Rebecca 3:00 Afternoon Tea (FL) 7:00 Bridge (3F)	10:00 Exercises (RR) 9 11:00 Skipbo (RR) 2:00 History Club 3:00 Afternoon Tea (FL) 4:00 Happy Hour (RR) 7:00 Friday Night Movie (RR)	1:30 BP& Weight Clinic 3:00 Afternoon Tea (FL) 7:00 Netflix Movie Night
Remembrance Day 11	2:00 Bingo 12 3:00 Afternoon Tea (FL) 7:00 Evening Bridge (3F)	10:00 Exercises (RR) 13 10:45 Walrus Group (RR) 11:30 Lunch Outing with Rebecca 3:00 Afternoon Tea (FL) 7:00 Land Girls- TV Show (RR)	10:00 Exercises 14 10:45 Anglican Church Service (4FL) 11:00 Sing along with Derrick 2:00 Be a Santa to a Senior Social (FL) 3:00 Afternoon Tea (FL) 4:00 Afternoon Cribbage 7:00 Bingo (RR)	9:30 Sobey's Trip 15 11:00 Skipbo (RR) 2:00 Family Heirlooms Discussion 3:00 Afternoon Tea (FL) 7:00 Bridge (3F)	10:00 Exercises (RR) 16 11:00 Skipbo (RR) 2:00 Shuffleboard 3:00 Afternoon Tea (FL) 7:00 Music with James Devine	10:30 Exercises 17 11:00 Manicures (RR) 2:00 Bingo (RR) 3:00 Afternoon Tea (FL) 7:00 Netflix Movie Night
10:15 Communion (4F) 18 2:30 Church Service (RR) 3:00 Afternoon Tea (FL) 6:30 Game Night (3F) 7:00 Documentary Night (RR)	10:00 Exercises 19 11:00 Morning Group Crosswords 1:30 Shopping Trip in Bedford 3:00 Afternoon Tea (FL) 6:30 Morden Mountain Music 7:00 Evening Bridge (3F)	10:00 Exercises (RR) 20 10:45 Walrus Group (RR) 2:00 Family Feud 3:00 Afternoon Tea (FL) 7:00 Land Girls- TV Show (RR)	10:00 Exercises 21 10:30 Roman Catholic Mass 11:00 Sing along with Derrick 11:15 Wii Bowling (RR) 2:00 Sinatra Hour (RR) 3:00 Afternoon Tea (FL) 3:30 Dining In with Gloria- Prep 5:00 Dining In with Gloria - Meal 6:15 Visit with Ben (FL) 7:00 Bingo (RR)	9:30 Sobey's Trip 22 2:00 Monthly Birthday Party with Alex Vaughan 3:00 Afternoon Tea (FL) 7:00 Bridge (3F)	10:00 Exercises (RR) 23 11:00 Skipbo (RR) 2:00 Craft with Rebecca (RR) 3:00 Afternoon Tea (FL) 4:00 Happy Hour (RR) 7:00 Friday Night Movie (RR)	10:30 Exercises 24 11:00 Manicures (RR) 2:00 Bingo (RR) 3:00 Afternoon Tea (FL) 7:00 Netflix Movie Night
10:15 Communion (4F) 25 2:30 Church Service (RR) 3:00 Afternoon Tea (FL) 6:30 Game Night (3F) 7:00 Documentary Night (RR)	10:00 Exercises 26 11:00 Morning Group Crosswords 1:30 Walmart Trip 3:00 Afternoon Tea (FL) 6:15 Christmas visit with the Sparks (RR) 7:00 Evening Bridge (3F)	10:00 Exercises (RR) 27 10:45 Walrus Group (RR) 2:00 Bingo (RR) 3:00 Afternoon Tea (FL)	10:00 Exercises 28 11:00 Sing along with Derrick 2:00 Space Ball (RR) 3:00 Afternoon Tea (FL) 4:00 Afternoon Cribbage 6:15 Visit with Ben (FL)	Decorating Day- ALL DAY! 29 9:30 Sobey's Trip 2:30 Christmas Tree Trimming 3:00 Afternoon Tea (FL) 7:00 Bridge (3F)	10:00 Exercises (RR) 30 11:00 Skipbo (RR) 2:00 Snowball Toss/ Center Piece Making (RR) 3:00 Afternoon Tea (FL) 7:00 Friday Night Movie (RR)	

