

The Berkeley Gladstone November 2018

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
		LOCATION Front Lounge (FL) 3rd FL (3F) 2nd Floor (2F) 2nd flr (2F) Recreation Room (RR) 3rd Floor (3F)						10:30 Exercises 1		10:30 Exercises 2		2:00 Bingo 3	
								11:15 Manicures		11:15 Knitting Club		3:00 Afternoon Tea	
								1:30 Flu Clinic-See the front desk		2:00 Scattegories		3:15 Tech Questions with Andy	
								2:00 Current Issues with Caitlin		3:00 Afternoon Tea		7:00 Movie Night (2F)	
3:00 Afternoon Tea		4:00 Happy Hour (FL)		4:00 Happy Hour (FL)		6:30 Dog visit with Poppy		7:00 Friday Night Movie		7:00 Skipbo Card Game (3F)			
7:00 "Piano Man" -Bob Dukeshire (RR)		6:15 Trivia & Games by The Fire		11:30 Lunch Out with Caitlin		7:00 Evening Bingo		7:00 Evening Bridge (3rd Flr)		7:00 Music with James DeVine			
7:00 Movie Night (2F)		7:00 Evening Bridge		1:30 Afternoon at The Movies -RR		2:00 Seniors Dance Program Info Session		7:00 Evening Cribbage (RR)		7:00 Skipbo Card Game (3F)			
				7:00 Tunes with Tony									
1:30 Afternoon Skipbo (RD) 4		10:30 Exercises 5		8:00 Resident AM Coffee & Conversation 6		10:30 Exercises 7		10:30 Exercises 8		10:30 Exercises 9		2:00 Bingo 10	
2:00 Luxury Travel Show (2F)		1:30 Shopping Trip - Mic Mac Mall		10:00 Bible Study (3F)		2:00 Noodle Hockey		11:00 Working with Fibers		11:15 Knitting Club		3:00 Afternoon Tea	
2:00 Wii Bowling (RR)		3:00 Afternoon Tea		10:30 Exercises (RR)		3:00 Afternoon Tea		11:15 Manicures		2:00 Sing along with Friends		3:15 Tech Questions with Andy	
3:00 Afternoon Tea		4:00 Happy Hour (FL)		10:30 Padre Pio Rosary		6:15 Evening Trivia		2:00 Afternoon Drive with Caitlin		3:00 Afternoon Tea		7:00 Movie Night (2F)	
7:00 "Piano Man" -Bob Dukeshire (RR)		6:15 Trivia & Games by The Fire		11:30 Lunch Out with Caitlin		7:00 Evening Bingo		3:00 Afternoon Tea		4:00 Happy Hour (FL)			
7:00 Movie Night (2F)		7:00 Evening Bridge		1:30 Afternoon at The Movies -RR		2:00 Seniors Dance Program Info Session		6:30 Dog visit with Poppy		7:00 Friday Night Movie			
				2:00 Seniors Dance Program Info Session				7:00 Evening Bridge (3rd Flr)		7:00 Music with James DeVine			
				7:00 Tunes with Tony				7:00 Evening Cribbage (RR)		7:00 Skipbo Card Game (3F)			
11:00 Remembrance Day Service		2:00 Afternoon Bingo 12		8:00 Resident AM Coffee & Conversation 13		10:00 Be A Santa To A Senior Kick Off		10:30 Exercises 15		10:30 Exercises 16		2:00 Bingo 17	
1:30 Afternoon Cards- Crazy Eights (3F)		3:00 Afternoon Tea		10:00 Bible Study (3F)		10:45 Exercises		11:15 Manicures		11:15 Knitting Club		3:00 Afternoon Tea	
2:00 Luxury Travel Show (2F)		4:00 Happy Hour (FL)		10:30 Exercises (RR)		2:00 Church Service with St. Mark's Church		2:00 Blood Pressure and Weight Clinic		2:00 Afternoon Crossword (2F)		3:15 Tech Questions with Andy	
2:00 Remember When		7:00 Evening Bridge		10:30 Padre Pio Rosary		3:00 Afternoon Tea		3:00 Afternoon Tea		3:00 Afternoon Tea		7:00 Movie Night (2F)	
3:00 Afternoon Tea		7:00 Morden Mountain Music		10:30 Padre Pio Rosary		6:15 Evening Trivia		6:30 Dog visit with Poppy		4:00 Happy Hour (FL)			
5:00 Remembrance Day Dinner				2:00 History Club		7:00 Evening Bingo		7:00 Evening Bridge (3rd Flr)		7:00 Friday Night Movie			
7:00 Movie Night (2F)				7:00 Tunes with Tony				7:00 Evening Cribbage (RR)		7:00 Music with Peggy Gillis			
										7:00 Skipbo Card Game (3F)			
1:30 Afternoon Skipbo (RD) 18		10:30 Exercises 19		8:00 Resident AM Coffee & Conversation 20		10:30 Exercises 21		10:30 Exercises 22		10:30 Exercises 23		2:00 Bingo 24	
2:00 Luxury Travel Show (2F)		1:30 Shopping Trip		10:00 Bible Study (3F)		2:00 The Berkeley Social		11:00 Working with Fibers		11:15 Knitting Club		3:00 Afternoon Tea	
2:00 Wii Bowling (RR)		3:00 Afternoon Tea		10:30 Exercises (RR)		3:00 Afternoon Tea		11:15 Manicures		2:00 Christmas Card Making		3:15 Tech Questions with Andy	
3:00 Afternoon Tea		4:00 Happy Hour (FL)		10:30 Padre Pio Rosary		6:15 Evening Trivia		2:00 Dalhousie Medical Research Cafe		3:00 Afternoon Tea		7:00 Movie Night (2F)	
7:00 Movie Night (2F)		6:15 Trivia & Games by The Fire		2:00 Wii Bowling Tournament		7:00 Evening Bingo		3:00 Afternoon Tea		4:00 Happy Hour (FL)			
		7:00 Bingo						6:30 Dog visit with Poppy		7:00 Friday Night Movie			
		7:00 Evening Bridge						7:00 Evening Bridge (3rd Flr)		7:00 Skipbo Card Game (3F)			
								7:00 Evening Cribbage (RR)					
1:30 Afternoon Cards- Crazy Eights (3F) 25		10:30 Exercises 26		8:00 Resident AM Coffee & Conversation 27		10:30 Exercises 28		10:30 Exercises 29		10:30 Exercises 30			
2:00 Luxury Travel Show (2F)		1:30 Shopping Trip		10:00 Bible Study (3F)		2:00 Berkeley Book Club Meeting		11:15 Manicures		11:15 Knitting Club			
2:00 Wii Bowling (RR)		3:00 Afternoon Tea		10:30 Exercises (RR)		3:00 Afternoon Tea		2:00 Christmas Center Piece Making		2:00 Shuffleboard			
3:00 Afternoon Tea		4:00 Happy Hour (FL)		10:30 Padre Pio Rosary		3:00 Dining In with Gloria-Prep		3:00 Afternoon Tea		3:00 Afternoon Tea			
7:00 Movie Night (2F)		6:15 Trivia & Games by The Fire		12:45 Symphony NS Seniors Concert		5:00 Dining In with Gloria -Meal		6:30 Dog visit with Poppy		4:00 Happy Hour (FL)			
		7:00 Bingo		2:00 Skipbo Playing		6:15 Evening Trivia		7:00 Evening Bridge (3rd Flr)		7:00 Friday Night Movie			
		7:00 Evening Bridge		7:00 Tunes with Tony		7:00 Evening Bingo		7:00 Evening Cribbage (RR)		7:00 Skipbo Card Game (3F)			