




## November 2018 The Berkeley Halifax

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				11:00 Exercises 1 2:00 Travel Video	10:00 Morning Crosswords 2 10:30 Exercises 2:00 Afternoon Cards /Games Social	2:00 Bingo with Elizabeth 3 3:00 Afternoon Tea
1:30 Luxury Travel Show Video 4 2:30 Manicures	10:00 Mental Aerobics 5 11:00 Exercise 1:30 <b>Music with John</b> 2:30 Music with Tony Quinn	10:00 News and Views with Hannah 6 11:00 Exercises 2:00 4th floor games	10:00 Manicures with Hannah 7 11:00 Exercises 2:00 Remember When? 4:00 Activities with Hannah 7:00 <b>Music with Alex Vaughan</b>	11:00 Exercises 8 2:00 Skipbo with Hannah	10:00 Morning Crosswords 9 10:30 Exercises 2:00 History Club	2:00 Scattegories with Elizabeth 10 3:00 Afternoon Tea
2:00 <b>Remembrance Day Service with Rev. Helen Ryding</b> 11 2:30 Manicures	10:00 Mental Aerobics 12 11:00 Exercise 1:30 <b>Music with John</b> 2:30 <b>Sing along with John DeWolfe-War Time Tunes</b>	10:00 News and View with Gloria 13 11:00 Exercises 2:00 Remember When with Gloria	10:00 RC Mass 14 11:00 Exercises	10:00 Manicures with Gloria 15 11:00 Exercises 1:30 Baking with Gloria 3:00 Tea and Tasting	10:00 Morning Crosswords 16 10:30 Exercises 2:00 <b>Music with James Devine</b>	1:30 <b>Blood Pressure &amp;Weight Clinic</b> 17 2:00 Games with Eizabeth 3:00 Afternoon Tea
1:30 Luxury Travel Show Video 18 2:30 Manicures	10:00 Mental Aerobics 19 11:00 Exercise 1:30 <b>Music with John</b> 2:30 <b>Tunes with Tony Quinn</b>	10:00 News and Views with Hannah 20 11:00 Exercises 2:00 Travelling Club	10:00 Holy Communion 21 11:00 Exercises 2:00 Bowling with Hannah 4:00 Activities with Hannah	11:00 Exercises 22 2:00 Birthday Party with The Trilites	10:00 Morning Crosswords 23 10:30 Exercises 2:00 Balloon Tennis	2:00 Getting to know you with Elizabeth 24 3:00 Afternoon Tea
1:30 Luxury Travel Show Video 25 2:30 Manicures	10:00 Mental Aerobics 26 11:00 Exercise 1:30 <b>Music with John</b>	<b>Holiday Decorating Day</b> 27	10:00 Manicures with Hannah 28 11:00 Exercises 2:00 Christmas Craft-Christmas Cards 4:00 Activities with Hannah	11:00 Exercises 29 2:30 Word Scrambles	10:00 Morning Crosswords 30 10:30 Exercises 2:00 Puzzle Time	